



## **Chemical Peel Consent Form**

Thank you for choosing Hudson Medical Aesthetics for your skin care needs! Our medical grade peels are designed to remove the outermost layers of the skin and to stimulate deeper skin layers for more profound benefits, stimulating cellular function.

### **Patients who should not be treated:**

**Please initial that you have read and understand peel contra-indications:**

- Patients with active herpes simplex or warts in the area to be treated. Inform the aesthetician if you have any history of herpes simplex.
- Patients who are currently pregnant or breastfeeding (lactating)
- Patients with a history of radiation therapy in the same area to be treated.
- Patients with a history of allergies (especially allergies to salicylates like aspirin), rashes, or other skin reactions, or those who may be sensitive to any of the components in this treatment.
- Patients who have had recent facial treatments such as injectables (Botox/Filler), Laser, Microdermabrasion or facial surgery procedures

### **General Guidelines before the Peel:**

- Discontinue the use of topical retinoids, beta hydroxyl acids, benzoyl peroxide, retinols and other potentially irritating products three to four days prior to peel. This also includes any anti-aging products.
- Avoid laser hair removal, electrolysis, waxing and the use of depilatory creams for five to seven days prior to peel and five to seven days post peel.
- Avoid having the peel until skin has completely healed from any previous procedures, such as IPL, laser or microdermabrasion.
- If you have a history of herpes infections, you will need to start an anti-viral medication (i.e. Zovirax, Famvir, or Valtrex) one day prior to this peel and continue for seven days.

**Adverse Experiences that may occur:** Redness, stinging, itching, mild swelling, flaking, slight break outs and peeling are all normal signs after the peel and vary based on patient responses. Your skin may have a yellow tinge immediately after the peel and this may last up to 7 hours. It is also important not to wash your face after the peel for at least 6 hours for best results. Do not use any harsh cleansers during peeling process as this will aggravate your skin. Mild cleansers such as Alastin Gentle Cleanser or Cetaphil are recommended. **Do not peel or help peel flaking skin as this will cause scarring and hyperpigmentation!**

**Call the Office immediately if you have any unexpected problems after the procedure.**

Although most people experience peeling of their facial skin, not every patient notices that their skin peels at an expected level. Lack of peeling is NOT an indication that the peel was unsuccessful. If you do not notice actual peeling, please know that you are still receiving all the benefits of the peel, such as: stimulation of collagen production, improvement of skin tone and texture, and diminishment of fine lines and pigmentation. Some "Lunch Time/Superficial Peels" are developed with the intent not to peel the skin, but you will still receive all the indicated benefits.

There are a number of reasons why a patient may not have peeling or may experience minimum peeling. The reasons may include: having peels regularly with short intervals between peels, frequent use of Retin-A, AHA, or other peeling agents, severe sun damage.

By my signature below, I acknowledge that I have read this consent form and understand it. I have been given the opportunity to ask questions and have my questions answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and wish to proceed with the medical peel.

Signature of Patient\_\_\_\_\_

Date:\_\_\_\_\_

Witness Signature\_\_\_\_\_

Date:\_\_\_\_\_